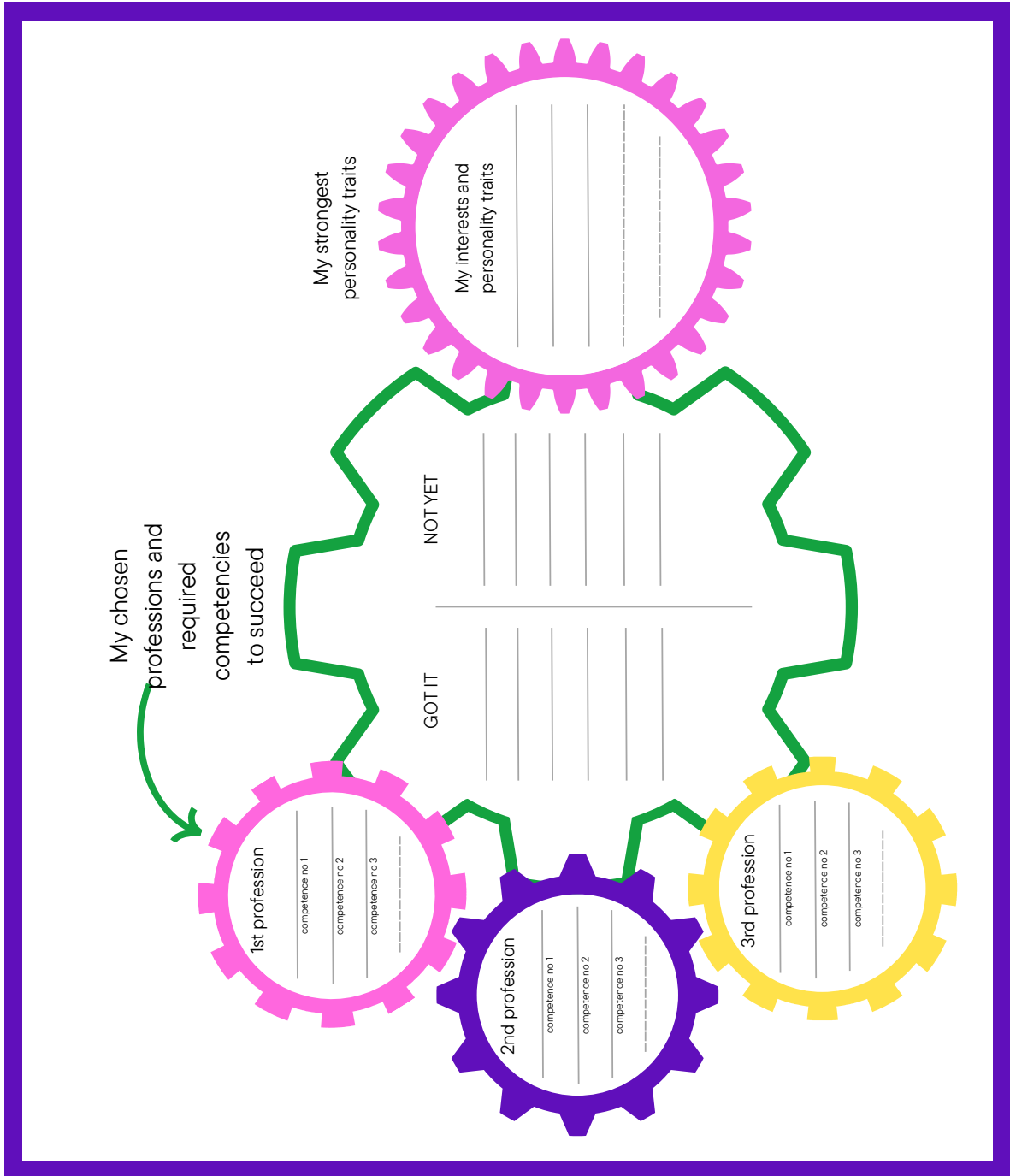


# Worksheet "MY COMPETENCY MAP"



My strongest personality traits

My interests and personality traits

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1

Review the answers you had during **this step** and **Step No. 4 "Interests Revised"**. Write down the ones you already established as your strongest and most attractive personality traits as well as your biggest interests.

Do you notice how your personality traits relate to your interests?

GOT IT      NOT YET

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2

To fill in this graph, you will need to revise the answers gathered during Step N# 6 when you looked up for the professions and explored what kind of competencies are required to succeed in these areas.

1st profession

competence no 1

competence no 2

competence no 3

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2nd profession

competence no 1

competence no 2

competence no 3

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3rd profession

competence no 1

competence no 2

competence no 3

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3

Here you are asked to divide the competencies for all three professions into two groups: competencies you already have and the ones you do not have yet and might need to work on if you choose to continue progressing in one or the other of the selected professional directions.

Once you have accomplished these requirements, you are ready to dive into designing your life scenarios in the next step.